

# JOIN US FOR ONE (OR ALL!) OF THESE FUN ACTIVITIES WITH MLD

Silly Song & Dance - Every Monday, 10:30 am (Silverstone)

Story Yoga - Every Friday in May, 10:00 am (Cherry Lane)

Dream Body Fitness - May 5, 10:00 am (Cherry Lane)

Story Trail at Julius Kleiner Park - May 11-14, all day

Storytime: Wondertime - May 11, 10:30 am (Silverstone)

Out N' About Dog Walking Club at Julius Kleiner Park - May 12, 10:00 am

Line Dancing Class - May 12, 1:00 pm (Cherry Lane)

Music & Movement - May 17, 1:30 pm (Cherry Lane)

CrossFit Kids with Snake River CrossFit - May 20, 2:00 pm (Cherry Lane)

Family Yoga - May 21, 6:00 pm (Cherry Lane)

Music Adventures with Paige Moore - May 24, 7:00 pm (Cherry Lane)

Hula Hoop Class at Settlers Park - May 26, 11:00 am (Cherry Lane)

Undoing the Damage of Sitting with Snake River CrossFit - May 30, 6:30 pm (Cherry Lane)











# FILL OUT THE LOG ON THE BACKSIDE OF THIS FORM FOR YOUR CHANCE TO WIN ONE OF THESE GREAT PRIZES:

Family pass to play a round of golf at wahooz (5)

Circus Trix family pass (5)

- 1 hour private dance lesson for two at R2L2 Country Dance
- 2 passes to Bodies in Motion Ropes Course





#### WEEK 1

Mark off one (1) running shoe for every day this week that you are active for a minumum of 30 minutes. Each week you complete will earn you one (1) raffle ticket.



### WEEK 2

Mark off one (1) running shoe for every day this week that you are active for a minumum of 30 minutes. Each week you complete will earn you one (1) raffle ticket.









#### WEEK 3

Mark off one (1) running shoe for every day this week that you are active for a minumum of 30 minutes. Each week you complete will earn you one (1) raffle ticket.











### WEEK 4

Mark off one (1) running shoe for every day this week that you are active for a minumum of 30 minutes. Each week you complete will earn you one (1) raffle ticket.











Name:	
Phone:	